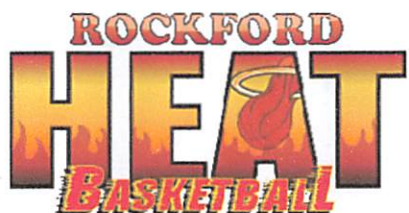


Name: _____



Athlete Information Forms & Submittals Checklist

All players must complete the following forms and submit to the Rockford Heat Basketball Club prior to the first scheduled tournament:

- ☐ Athlete Registration form
- ☐ Emergency/Medical Information
- ☐ Consent & Waiver forms (below- page 3)
- ☐ Code of Conduct form (below - page 4)
- ☐ Media Release form (below- page 5)
- ☐ Amount of Fees Paid _____

Return all completed information and required submittals to:

ROCKFORD HEAT BASKETBALL
4692 CHANDAN WOODS DR.
CHERRY VALLEY, IL 61016

If you have any questions,

Please contact Club Director, John Penney @ (815) 871-4112 or john.penney@rockfordheat.com.

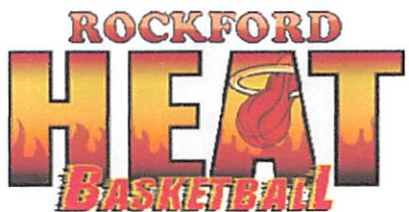
UNIFORM INFORMATION-ALL ADULT SIZE

Uniform Top Size: S ☐ M ☐ L ☐ XL ☐ XXL ☐

Uniform Shorts Size: S ☐ M ☐ L ☐ XL ☐ XXL ☐

Number Requests (not guaranteed): 1st Choice: 2nd Choice: 3rd Choice:

Shirt Size: S ☐ M ☐ L ☐ XL ☐ XXL ☐



EMERGENCY CONTACT INFORMATION

Family Members or Friends you would like contacted if parents cannot be reached.

Name: _____ Relationship: _____ Phone: _____

Name: _____ Relationship: _____ Phone: _____

MEDICAL INFORMATION

Medical Insurance Provider: _____

Policy/Group Number: _____

Carrier Name: _____

Policyholder's Name: _____

Doctor Name & Number: _____

Allergies: Y ☐ N ☐ Explain: _____

Asthma: Y ☐ N ☐ Explain: _____

Concussions Y ☐ N ☐ Explain: _____

Fractures: Y ☐ N ☐ Explain: _____

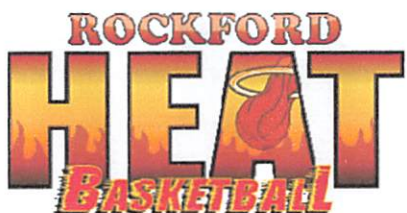
Neck-Spine Injuries: Y ☐ N ☐ Explain: _____

Current Medications: Y ☐ N ☐ Explain: _____

Blood Type (if known): _____

Other Medical Conditions: _____

Photo Copy Insurance Card Below (Front and Back)



ATHLETE CONSENT FORM

I HEREBY REQUEST AND CONSENT THAT MY CHILD, WHILE A PATRON AT THE VARIOUS GYMS THAT ARE PART OF THE SCHEDULED PROGRAMS UNDER THE JURISDICTION OF ROCKFORD HEAT BASKETBALL CLUB, BE PERMITTED TO PARTICIPATE IN ONE OF THESE PROGRAMS.

I UNDERSTAND THAT THIS ACTIVITY IS CARRIED ON UNDER THE RISK FOR PARTICIPANTS ABOUT ALL INCURRED INJURIES WHILE PARTICIPATING IN THE ROCKFORD HEAT GIRLS BASKETBALL CLUB PROGRAMS.

THEREFORE, I, THE UNDERSIGNED, DO HEREBY WAIVE, RELEASE, AND INDEMNIFY ANY AND ALL CLAIMS THAT I MAY HAVE OR MAY HAVE HEREAFTER, AGAINST THE OWNER(S) OF ANY PRACTICE FACILITIES AND GAME FACILITIES WHERE THE INJURY OCCURRED OR THE COACHES, DIRECTOR(S), AND OFFICERS OF THE ROCKFORD HEAT BASKETBALL CLUB, FOR INJURIES MY CHILD MAY INCUR WHILE PARTICIPATING IN ONE OF THESE PROGRAMS.

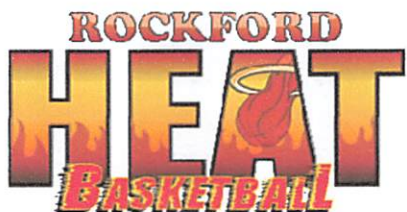
FURTHERMORE, I WILL BE RESPONSIBLE FOR ANY AND ALL MEDICAL CHARGES WITH HIS/HER ATTENDANCE OF TRYOUTS/PRACTICES/GAMES BEFORE, DURING, OR LEAVING ANY PART OF THE PROGRAM.

I UNDERSTAND THAT CLUB FEES WILL NOT BE REFUNDED ONCE THE SEASON HAS BEGUN.

Parent/Guardian

Team

Date



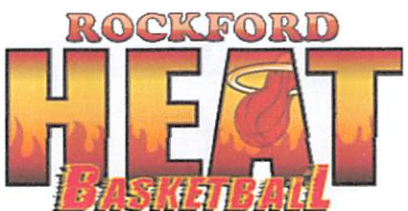
CONSENT FOR TREATMENT WHEN PARENT/GUARDIAN NOT PRESENT

I HEREBY GIVE CONSENT/PERMISSION FOR MY CHILD, WHILE A PARTICIPANT IN ONE OF THE ROCKFORD HEAT BASKETBALL CLUB EVENTS, BE GIVEN MEDICAL TREATMENT IN MY ABSENCE AT ANY HOSPITAL, MEDICAL CLINIC, BY ANY QUALIFIED PHYSICIAN, OR ANY OTHER QUALIFIED MEDICAL PERSON IN CASE OF AN EMERGENCY.

PARENT/GUARDIAN SIGNATURE

RELATIONSHIP TO ATHLETE

DATE SIGNED



CODE OF CONDUCT FOR HEAT PLAYERS

- I. ANY PLAYER THAT SWEARS OR USES ABUSIVE LANGUAGE WHILE PLAYING BASKETBALL FOR THE ROCKFORD HEAT WILL BE IN VIOLATION OF THIS CODE.
- II. ANY PLAYER THAT BECOMES INVOLVED IN A PHYSICAL ALTERCATION WITH ANY OTHER PERSON WHILE PLAYING BASKETBALL FOR THE ROCKFORD HEAT WILL BE IN VIOLATION OF THIS CODE. (EXCEPT WHEN A PLAYER IS DEFENDING HERSELF.)
- III. ANY PLAYER THAT IS IN POSSESSION OF AND/OR USES AND/OR IS PRESENT WHEN THE USE OF ANY ILLEGAL DRUGS OR NARCOTICS ARE BEING USED WILL BE IN VIOLATION OF THIS CODE.
- IV. ANY PLAYER THAT IS IN POSSESSION OF AND/OR USES AND/OR IS PRESENT WHEN ALCOHOLIC BEVERAGES ARE BEING CONSUMED BY MINORS WILL BE IN VIOLATION OF THIS CODE.
- V. ANY PLAYER THAT USES TOBACCO PRODUCTS WILL BE IN VIOLATION OF THIS CODE.
- VI. ANY PLAYER THAT IS CONVICTED OF A VIOLATION OF ANY LAW (CITY, COUNTY, STATE, FEDERAL, OR MUNICIPAL) EXCEPT MINOR TRAFFIC VIOLATIONS, WILL BE IN VIOLATION OF THIS CODE.
- VII. ANY PLAYER THAT COMMITS ANY OTHER ACT THAT IS DETRIMENTAL TO THE TEAM OR CLUB WILL BE IN VIOLATION OF THIS CODE.

ROCKFORD HEAT PARTICIPATION & SCHOOL

- I. SCHOOL SPORTS AND ACADEMICS TAKE PRIORITY OVER ROCKFORD HEAT BASKETBALL PRACTICES OR GAMES.
- II. SCHOOL SPORTS SCHEDULES, INCLUDING GAMES & PRACTICES MUST BE TURNED IN TO ROCKFORD HEAT COACHES, AS SOON AS THEY ARE AVAILABLE.
- III. PLAYERS ARE REQUIRED TO ATTEND ALL ROCKFORD HEAT PRACTICES AND GAMES THAT ARE NOT IN DIRECT CONFLICT WITH A SCHOOL SCHEDULE OR ACADEMICS.
- IV. PLAYERS MAY BE SUSPENDED FROM THE TEAM IF A PARENT NOTIFIES A COACH THAT SUCH ACTION NEEDS TO BE TAKEN FOR ACADEMIC REASONS.

ROCKFORD HEAT ATTENDANCE

- I. ANY SCHEDULING CONFLICTS MUST BE BROUGHT TO THE COACHES' ATTENTION AS SOON AS THEY ARE KNOWN.
- II. PLAYERS ARE RESPONSIBLE FOR NOTIFYING THE COACHES WHEN THEY WILL BE ABSENT AND THE REASON FOR THE ABSENCE.
- III. PLAYERS PARTICIPATING ON MULTIPLE CLUB TEAMS WILL MAKE THE ROCKFORD HEAT TEAM THE PRIORITY OVER THE OTHER CLUB TEAMS.
- IV. ATTENDANCE WILL BE NOTED AT CLUB PRACTICES, CLINICS, AND GAMES.
- V. FAILURE TO NOTIFY THE COACHES OF THE REASON FOR AN ABSENCE WILL RESULT IN THE ABSENCE BEING RECORDED AS UNEXCUSED. THE CLUB WILL CONSIDER A PLAYER'S ATTENDANCE DURING FUTURE TRYOUTS.
- VI. PLAYERS MAY BE REQUIRED TO ATTEND BASKETBALL CLINICS OVER THE DURATION OF THE CLUB TERM, THESE CLINICS ARE MANDATORY AND ARE CONSIDERED UNDER THE ATTENDANCE POLICY.
- VII. PLAYERS THAT ARE ABSENT FOR THREE CONSECUTIVE TIMES MAY, AT THE DISCRETION OF THE CLUB DIRECTOR, HAVE THEIR FEES FORFEITED AND MAY BE REMOVED FROM THE TEAM.

ROCKFORD HEAT PLAY TIME POLICY

- I. PLEASE NOTE THAT ROCKFORD HEAT DOES NOT ESTABLISH A MINIMUM PLAY TIME FOR PLAYERS. PLAY TIME IS AT THE SOLE DISCRETION OF THE COACHES.
- II. PARENTS AND/OR PLAYERS WHO HAVE A CONCERN ABOUT PLAY TIME WILL REFRAIN FROM ADDRESSING THAT CONCERN WITH THE COACHES WHILE THE COACHES ARE COURTSIDE AT ANY GAMES OR TOURNAMENTS.
- III. PLAYERS AND/OR PARENTS MAY ADDRESS THEIR CONCERNS WITH THE COACHES REGARDING PLAY TIME IN AN APPROPRIATE AND RESPECTFUL MANNER AT THE APPROPRIATE TIME. IF THE PLAYER AND/OR PARENT IS NOT SATISFIED WITH THE COACHES RESPONSE REGARDING PLAY TIME, THEN THE PLAYER/PARENT MAY REQUEST A MEETING WITH THE CLUB DIRECTOR AND THE COACH AT A FUTURE DATE AND TIME.

ROCKFORD HEAT PARENT RESPONSIBILITIES

- I. PARENTS AND GUESTS WILL DISPLAY THE HIGHEST LEVEL OF SPORTSMANSHIP WHILE ATTENDING ROCKFORD HEAT SANCTIONED EVENTS.
- II. PARENTS AND GUESTS WILL REFRAIN FROM HECKLING OR COMMENTING NEGATIVELY TO COACHES, TEAMMATES, GAME OFFICIALS, OPPOSING PLAYERS OR OPPONENT'S FANS & THEIR COACHES.
- III. ANY USE OF PROFANITY, THREATS, OR A PHYSICAL ATTACK BY A PARENT OR A GUEST, WILL RESULT IN DISCIPLINARY ACTION AGAINST THE PLAYER.
- IV. ANY PLAYER OR PARENT RESPONSIBLE IN PART OR FULL FOR DEROGATORY COMMENTS DIRECTED TOWARDS ANY OTHER ATHLETE OR TEAM WHICH IS POSTED ON ANY WEB PAGE AND/OR SOCIAL MEDIA SITE WILL BE DISCIPLINED BY THE CLUB UP TO AND INCLUDING SUSPENSION AND/OR REMOVAL FROM THE TEAM.
- V. PARENTS, IF REQUESTED, WILL ASSIST COACHES WITH KEEPING THE BOOKS AND/OR CLOCK AT ALL GAMES.
- VI. PARENTS ARE RESPONSIBLE FOR ARRANGING AND/OR TRANSPORTING THEIR PLAYER TO AND FROM ALL PRACTICES AND GAMES.
- VII. PARENTS ARE REQUIRED TO PAY THE DEPOSIT FOR CLUB FEES WHICH ARE DUE ONE WEEK AFTER TRYOUTS AND TO PAY THE REMAINING BALANCE ACCORDING TO THE PAYMENT SCHEDULE ESTABLISHED BY THE CLUB DIRECTOR.
- VIII. Rockford Heat reserves the right to turn over any delinquent accounts to a 3rd party for collection.

ROCKFORD HEAT UNIFORMS

- I. NO PLAYER WILL LOAN OUT A ROCKFORD HEAT UNIFORM TO A NON-CLUB MEMBER, WITHOUT EXPRESS WRITTEN APPROVAL FROM THE CLUB DIRECTOR.
- II. PLAYERS UNIFORM SHALL BE MAINTAINED IN GOOD CONDITION.
- III. ROCKFORD HEAT UNIFORMS SHALL NOT BE USED AS PART OF ANY OTHER TEAM UNIFORM, FOR EVENTS OUTSIDE OF THOSE AUTHORIZED BY THE DIRECTOR.

ACKNOWLEDGMENT

IF ANY PLAYER, PARENT OR COACH VIOLATES ANY OF THE CODES OR RULES PREVIOUSLY MENTIONED, THE DIRECTOR OF ROCKFORD HEAT BASKETBALL CLUB WILL REVIEW THE ALLEGATION(S) IMMEDIATELY. IF ANY OF THE ALLEGATIONS(S) ARE FOUND TO BE TRUE, THE DIRECTOR SHALL SUBMIT A DISCIPLINARY ACTION RECOMMENDATION TO THE COACH WHICH IS APPROPRIATE FOR THE NATURE AND SEVERITY OF THE OFFENSE COMMITTED USING THE OPTIONS LISTED IN THIS POLICY.

OPTION 1:

IF THE VIOLATION IS RELATIVELY MINOR IN NATURE AND THE ATHLETE HAS NOT HAD ANY PREVIOUS VIOLATIONS OF THE CODES AND/OR RULES, THE FIRST VIOLATION WILL RESULT IN A VERBAL WARNING FROM THE DIRECTOR TO THE ATHLETE AND HER PARENT/GUARDIAN.

OPTION 2:

IF THE VIOLATION IS MORE SEVERE IN NATURE AND/OR IF THE ATHLETE HAS ALREADY RECEIVED A VERBAL WARNING FOR A PREVIOUS VIOLATION, THEN THE ATHLETE MAY BE SUSPENDED FROM THE TEAM. THE NATURE AND DURATION OF SUCH SUSPENSION WILL BE ISSUED IN WRITING FROM THE CLUB DIRECTOR TO THE PLAYER AND THE PARENT/GUARDIAN.

OPTION 3:

IF THE VIOLATION IS MAJOR VIOLATION OF ANY OF THE CODES AND/OR RULES DESCRIBED HEREIN, THEN THE ATHLETE MAY SUFFER MORE SEVERE PUNISHMENT UP TO AND INCLUDING TERMINATION FROM THE TEAM AND FORFEITURE OF ALL FEES PLUS WHATEVER ACTION IS TAKEN BY THE JURISDICTION WHERE THE VIOLATION TOOK PLACE.

THE INTENT OF THESE CODES AND RULES IS NOT PUNITIVE. IT IS TO PROMOTE GOOD SPORTSMANSHIP AND TO REFLECT A POSITIVE IMAGE OF THE ATHLETE, THE TEAM, OUR CLUB, OUR SPONSORS, AND OUR HOME COMMUNITIES.

IF YOU DO NOT UNDERSTAND ANY OF THE INFORMATION CONTAINED IN THIS CODE OR RULES, OR IF YOU HAVE ANY QUESTIONS PLEASE CONTACT CLUB DIRECTOR, JOHN PENNEY FOR FURTHER CLARIFICATION.

I HAVE READ AND UNDERSTAND THE ABOVE INFORMATION AND AGREE TO ADHERE TO THIS CODE.

I ALSO UNDERSTAND THE PENALTIES FOR VIOLATIONS AS DESCRIBED HEREIN.

ATHLETE'S SIGNATURE

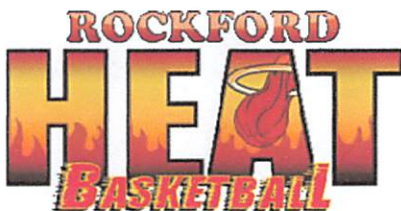
ROCKFORD HEAT TEAM

DATE SIGNED

PARENT/GUARDIAN SIGNATURE

RELATIONSHIP TO ATHLETE

DATE SIGNED



ROCKFORD HEAT BASKETBALL MEDIA RELEASE(High School Only)

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ E-Mail: _____

Date of Birth: _____ Height: _____ Grad Year: _____ Position: _____

GPA: _____ of _____ Class Rank: _____ or _____

SAT Score: _____ ACT Score: _____

School Name: _____ Coaches Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Coach's Phone Number at School: _____

What would you like to major in at college? _____

COMMUNITY INVOLVEMENT

AWARDS RECEIVED IN ALL SPORTS

Sport	Award	Date Received
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

By signing below, I give permission for any of the above information to be released to any college coach, college scout, scouting service, news media, and social media.

Parent/Guardian

Date